



NATIONAL
COUNSELLING &
PSYCHOTHERAPY
SOCIETY



WELCOME

TO THE NATIONAL COUNSELLING
AND PSYCHOTHERAPY SOCIETY

SUPPORTING

COUNSELLORS, PSYCHOTHERAPISTS,
THE PUBLIC AND OUR PROFESSION



NATIONAL
COUNSELLING &
PSYCHOTHERAPY
SOCIETY

CONTENTS

Welcome	04
Why join us?	06
Membership	07
Private practice	13
Our Campaigns	14



WELCOME

MEET THE NATIONAL COUNSELLING AND PSYCHOTHERAPY SOCIETY

The National Counselling and Psychotherapy Society (NCPS) was established in the 1990s by a wide group of talking therapists. Today, we are one of the largest professional bodies for counselling and psychotherapy. We're a non-profit professional association with an Accredited Register of counsellors and psychotherapists recognised by the Professional Standards Authority (PSA).

At the heart of the NCPS are our members. We believe that what sets us apart from other membership bodies is the value we place on the knowledge and experience of our members. This is best summed up in our phrase, "Our members are our expertise".

Our original founding principle of 'counselling as a vocation, not just a profession' remains our core ethos. Whilst developing and recognising the importance of ethical codes and frameworks and respecting the need for qualified practitioners safely working within competencies, we place equal value in the art, creativity and intuition that is required within the therapeutic relationship. We welcome a diverse range of approaches, therapists, and clients alike. We believe that the relationship between you and your clients is the most important ingredient for the outcome of therapy, and as such, we respect the autonomy that you all need to enable that to be positive, nurturing, and full of potential.

Members join us because of our stance and how we respond to issues. They join us for the reassurance of their clients. Some choose to belong to us as their sole professional body, and many choose to belong to us as well as another professional body to support our ethos and the way we view counselling and psychotherapy as a vocation.

“With the right balance of consistency and presence, the NCPS offers a supportive, active and informed environment which understands mine and my client’s needs.”

Paul Roebuck MNCPS (Acc.)



“

**At the heart of
the NCPS are
our members**

”

JOIN US

WHY SHOULD I JOIN THE SOCIETY?

Our service is uniquely accessible: we support all our members in providing a service and solutions that work for them. Our Membership Support team are trained and supported to provide a tailored approach to our work with our members. When you join, you'll get to know our friendly and knowledgeable team and quickly realise that we're here to support you. We also offer a great deal of flexibility for full-time, part-time, paid or volunteer counsellors.

We have long been incredibly environmentally conscious, with all our work done digitally. We're thoughtful about our impact on our world and work to keep our carbon footprint as low as possible.

When you join the Society, you join a team that is actively involved in PR and networking to raise the profile of the Society and counselling & psychotherapy, with the aim of increasing opportunities for our members to serve and practice their craft.

We are well recognised nationally. Universities are seeking to have their courses Accredited with us, and we have members ranging from qualified and experienced senior practitioners to newly qualified counsellors. We attract many members who have a private practice as well as those in a variety of employment settings.

We are recognised by the NHS, all of the large EAPs and Private Healthcare providers, and hundreds of other organisations across the UK.

We have equal status in the UK with all other Counselling & Psychotherapy Accredited Registers. You can be confident that, in joining the NCPS, we will support you to access the same opportunities as those on any other Counselling & Psychotherapy Register.

“ I am really proud to be a member of NCPS. As a Senior Accredited Registrant and Approved Supervisor, I was recently audited - and was pleasantly surprised by the lovely feedback and prompt response from the Membership Services Team. The organisation is highly professional and efficient, yet person-centred at the same time. Things that I value and greatly appreciate.

Kala Patel SNCPS (Acc.)



MEMBERSHIP

WHAT CAN I EXPECT?

- Straightforward application process.
- Friendly, timely, and transparent assessment for membership
- Dedicated team member to help you with your application

BENEFITS OF MEMBERSHIP

- A well-loved digital magazine, which showcases Members' contributions and insightful articles at the cutting edge of the profession
- A wide range of client-gaining services: from a free, successful directory service to guidance and training
- Preferential rates to attend CPD events all across the UK, as well as access to a significant amount of free CPD
- Affordable membership costs: we work hard to ensure that your membership fees stay low, and provide excellent value for money
- Discounts on insurance, services, online CPD, books, and a wealth of other resources that the Society have arranged with our members in mind
- Free Find a Counsellor listing on our website
- Access to a directory of discounted supervision for student counsellors
- Access to a directory of discounted personal counselling for student counsellors
- Eligibility to apply for the TOTUM card (previously known as NUS Extra)
- Ability to apply for tax relief on subscriptions
- Access to a wide range of third-party discounts and services from various organisations
- Ability to apply for an enhanced Disclosure and Barring Service (DBS) certificate

WE HOLD AN ACCREDITED REGISTER



The Accredited Register (AR) programme was set up by the Department of Health and is administered by the Professional Standards Authority (PSA) which is an independent body, accountable to Parliament. The programme was created to ensure that the public can choose safe, ethical, and competent professionals for their health and social care needs.

Find out more about the AR programme [HERE](#).



Counsellors and psychotherapists on our register, also known as Registrants, (i.e. our Accredited, Accredited Professional, Senior Accredited members), will be able to display the AR quality mark as a sign that they belong to a Register which meets the PSA's rigorous standards.



“We are very pleased to accredit the NCPS' Register of counsellors and psychotherapists. Bringing counselling professionals into a broad framework of assurance is good for patients, service users and the public and is the best way to promote quality. The programme offers enhanced consumer protection to anyone looking for counselling services and gives counsellors the opportunity to demonstrate their commitment.”

Professional Standards Authority

REGISTRANT MEMBERSHIP GADES

● **Accredited Registrant MNCPS (Acc.)**

A practitioner who has met the standards for registration.

● **Accredited Professional Registrant PNCPS (Acc.)**

A practitioner who has met the standards for Accredited membership and has further experience.

● **Senior Accredited Registrant SNCPS (Acc.)**

A practitioner who has met the standards for Accredited Professional membership and has further qualifications and experience.

NON-REGISTRANT MEMBERSHIP GRADES

● **Student**

A non-registrant member who is on a training course to become a counsellor/psychotherapist.

“As a member for over 10 years, I have always appreciated NCPs's common sense approach, their dedication to the interests of clients and therapists alike, and their efforts in protecting the rich and diverse nature of therapy.”

Richard Clarke MNCPS (Acc.)



OUR SPECIALIST REGISTERS

The creation of our specialist registers was in response to the ever-evolving needs of the counselling and psychotherapy profession. As the demand for counselling services continues to grow, we felt it was essential to recognise the unique skill sets required for working with different specialisms.

The specialist registers also provide a way for members of the public and organisations to easily identify and access practitioners with the appropriate training, skills and experience for their specific needs. This not only helps to promote transparency and accountability within the profession but also ensures that clients receive the best possible care.



Children and Young People

A specialist register for those looking for therapists who are fully qualified to work with children and young people



Relationship

Our Relationship register is for those seeking therapists that specialise in relationship and couples therapy



Coaching

Our Coaching register is designed for those seeking fully qualified and professional coaches

TRAINING PROVIDERS

The NCPS accredit courses that meet our Training Standards and provide core practitioner training in counselling and/or psychotherapy, equipping graduates to work with adult clients who present with a range of commonly encountered issues. We also recognise other courses and can offer Quality Checked recognition for individual workshops, shorter foundation courses or distance learning courses, or Advanced Specialist training status for courses that are intended to support qualified counselling practitioners to develop their knowledge and training in specialised areas of work.

We believe that when a course achieves recognition it gives confirmation of professional standing to both peers and students, and in partnership with the NCPS, gives training providers a voice in the future of our profession. In addition to course recognition, the NCPS also provides guidance, support and reassurance to training providers as it does for all Society members.

“We were awarded Accredited training status with NCPS several years ago. We have found the NCPS highly professional in its training standards, procedures and policies as well as approachable when we needed support. Highly recommended!”

NAOS Institute

NAOS



ORGANISATIONAL MEMBERS

We welcome organisations of any size that share our values and ethos and work within the wider field of wellbeing, mental health, and/or counselling and psychotherapy. The organisation does not need to provide counselling services. Being an Organisational Member does not confer a mark of accreditation or approval by the Society. Instead, it functions more as a partnership of reciprocal support and encouragement. The benefits of organisational membership are mutual support and growth, sharing of communications where relevant and the ability to work together on projects and keep each other informed.

We are delighted to work with and support many organisational members from a diverse variety of backgrounds, all bringing with them invaluable expertise and experience from different areas of mental health and wellbeing.



Working with the NCPS has been game-changing for us as a new Mental Health technology start-up. Right from the first engagement with them, they've been open and supportive to trying new things and are clearly a members' first organisation. It's why we wanted to work with them! Because of their support, we have over 100 NCPS therapists on our platform and could not have launched without them. I'm looking forward to continuing our collaboration



Paranimo



RECOGNISED COUNSELLING SERVICES

A Recognised Counselling Service (RCS) is an organisation that provides direct counselling services to clients and has at least two registrants on the Society's Accredited Register. Gaining this status is a mark of quality and recognition offered by the Society.

Being an RCS assures the public that the service has been vetted and approved by the Society and highlights the support the Society may offer the service.

PRIVATE PRACTICE



The NCPS is well known for supporting and encouraging counsellors and psychotherapists in private practice. The Society is actively invested in helping all our members build a successful private practice if this is the route they choose.

RESOURCES FOR PRIVATE PRACTICE

We have created a series of guides for members to make the most of their private practice. From setting up in private practice to promoting your business, a range of topics are covered, with more being added regularly.

'FIND A COUNSELLOR' LISTING

All registrants have an individual listing on our Practitioner Directory. Our Accredited Register is actively promoted by the NCPS as a place to search for a safe and competent counsellor or psychotherapist. We regularly advertise to the public on our members' behalf.

OPPORTUNITIES FOR REGISTRANTS

We actively work with organisations and charities throughout the UK to give our members the opportunity to provide counselling or psychotherapy sessions to eligible individuals at a reduced rate through our Counsellor Connect programme.

RECOGNITION

The NCPS believes that all Accredited Registers should be seen as equal and that counsellors and psychotherapists should have equal opportunities regardless of which AR membership body they choose to join. As a direct result of our hard work, Accredited Registers are now explicitly listed by the NHS and the NCPS is recognised by NHS Talking Therapies (previously known as IAPT), EAP providers, private insurance companies, and many other employers and service providers. We will continue to raise challenges where the NCPS is not recognised and where Accredited Registers are not seen as equal.

OUR CAMPAIGNS

REPRESENTING YOU

The NCPS is a leading voice in the field of counselling and psychotherapy, promoting high standards of training and practice, and advocating for the recognition of these professions as valuable sources of expertise and experience within the wider field of mental health.

We are currently campaigning for greater recognition of the role that counsellors and psychotherapists can play in the delivery of mental health services.



DIRECT ACCESS TO COUNSELLING

Mental health support needs to be accessible to everyone, regardless of financial situation or postcode. We are campaigning for direct access to counselling and psychotherapy via the Accredited Register program, allowing patients to choose their own therapist and treatment modality.

ACCESS TO COUNSELLING FOR EVERY CHILD

We're calling for child-led mental health care to be available in all schools and primary care settings, with the opportunity for children to access remote mental health support for those who need it (such as children in care, forgotten children, and those in nomadic communities).



JOIN THE **NCPS**

Your Professional Home

If you have any questions please do not hesitate
to contact our team

Connect with us today

hello@ncps.com



www.ncps.com



01903 200666



NATIONAL
COUNSELLING &
PSYCHOTHERAPY
SOCIETY